After an emergency, you may need to survive on your own for several days. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency. The kit you create should reflect your own personal needs and you should know how to use everything in your kit.

**MAINTENANCE**

- After assembling your kit, remember to maintain it so it is ready when you need it
- Keep canned food in a cool, dry place
- Store boxed food in tightly closed plastic or metal containers.
- Replace expired items as needed
- Re-think your needs every year and update your kit as the needs change

**STORAGE**

- Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Ensure that all family members know where the kit is kept
- Work: Be prepared to shelter at work for at least 24 hours. Your work kit should be stored in a “grab and go” case
- Vehicle: Keep a kit of emergency supplies in your vehicle, in case you are stranded

**BASIC EMERGENCY SUPPLIES**

- Backpack
- Water (one gallon per person per day for at least three days)
- Food, at least a three-day supply of nonperishable food
- Battery powered or hand cranked radio and extra batteries
- Flashlight and extra batteries
- First aid kit
- Whistle
- Waterproof matches
- Dust mask
- Local maps
- Rain poncho
- Multipurpose tool
- Emergency blanket
- Cell phone and charger
- Prescription/Medication
- Emergency contact info
- Personal identification
- Extra clothing and shoes
- Cash
- Activities (books, games, puzzles)

https://emergency.oregonstate.edu/emergency-preparedness/preparedness-topics

https://www.ready.gov/kit

https://www.redcross.org/store/preparedness