

# MNEMONICS

A mnemonic is a device, such as a formula or rhyme, used as an aid in remembering. It is a word or string which is intended to be easier to remember than the thing it stands for.

if you **SEE** something **SAY** something

**REPORT SUSPICIOUS ACTIVITY**  
to local authorities.

Remember the **PASS** word

**Pull**  
Pull the pin (or other motion) to unlock the extinguisher.

**Aim**  
Aim at the base (bottom) of the fire and stand 6 - 10 feet away.

**Squeeze**  
Squeeze the lever to discharge the agent.

**Sweep**  
Sweep the spray from left to right until the flames are totally extinguished.

**IN CASE OF A FIRE**  
Remember the R.A.C.E. acronym

**R RESCUE**  
Assist anyone in immediate danger and help get them to a safe area as fast as possible.

**A ALARM**  
Alert others by activating any available alarm system. Contact 911 to report location of fire and alert on-site personnel.

**C CONTAIN**  
Confine the fire as much as possible by closing doors and windows behind you during evacuation.

**E EXTINGUISH**  
Only attempt to put out the fire if it is small, you have proper equipment and it is safe to do so yourself.

**When Thunder Roars**

**Go Indoors!**

**STOP All Activities.**

Seek shelter in a substantial building or hard-topped vehicle.

Wait 30 minutes after the storm to resume activities.

**WHEN FLOODED TURN AROUND DON'T DROWN**

**CPR is as easy as C-A-B**

**C Compressions**  
Push hard and fast on the center of the victim's chest

**A Airway**  
Tilt the victim's head back and lift the chin to open the airway

**B Breathing**  
Give mouth-to-mouth rescue breaths

American Heart Association  
Learn and Live

**LOOK BEFORE YOU LOCK**

**KIDS AND CARS.org**  
LOVE THEM. PROTECT THEM.

www.KidsAndCars.org

**STOP DROP ROLL**

**1 DROP!**

**2 COVER!**

**3 HOLD ON!**

**RUN/ESCAPE**  
IF POSSIBLE

**HIDE**  
IF ESCAPE IS NOT POSSIBLE

**FIGHT**  
ONLY AS A LAST RESORT

**Emergency Numbers**

Fire & Medical: 9-1-1  
Law Enforcement: 9-1-1

**Non-Emergency Numbers**

Corvallis Campus: 541-737-3010  
Bend Campus: 541-322-3110

For more information please visit [Ready.gov](http://Ready.gov)

