



Student Emergency Kit Suggestions

First time away from home? One of the best ways to be prepared for an emergency is having an emergency kit. Below is a list of essential items to include in your kit.

Living **ON** Campus

- 1) Water
 - a. Personal water bottle
 - b. Supply of water (extra filled water bottles)
- 2) Food – energy bars, trail mix
- 3) Illumination – flashlight or headlamp
- 4) Small First Aid kit
- 5) Personal medications (7-day supply)
- 6) Multi-purpose tool or pocketknife
- 7) Sanitation and personal hygiene items
- 8) Documents – paper copies or scanned to a flash drive
 - a. Passports / ID
 - b. Birth certificates / car titles / car insurance
 - c. Prescriptions / eye wear prescription
- 9) Extra cash – small denominations
- 10) Map(s) of the area
- 11) Emergency blanket / warm clothing
- 12) Cell phone charger

Living **OFF** Campus

- 1) Water
 - a. One gallon per person, per day (3-day supply if evacuating, 2-week supply if staying)
 - b. Water purification – tablets, filter, UV pen
- 2) Food – non-perishable (3-day supply if evacuating, 2-week supply if staying)
 - a. Rice and dried beans
 - b. Long shelf-life cans
 - c. Freeze dried camping pouch meals
- 3) Illumination – flashlight, headlamp
- 4) Large First Aid kit
- 5) Personal medications (7-day supply)
- 6) Multi-purpose tool / pocketknife / can-opener
- 7) Sanitation and personal hygiene items
- 8) Documents – paper copies or scanned to flash drive
 - a. Passports / ID
 - b. Birth certificates / car titles / insurance papers / rental agreement / property deeds
 - c. Prescriptions / eye wear prescription
- 9) Extra cash – small denominations
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Sign up for OSU EMERGENCY NOTIFICATIONS!

Let OSU to notify you of emergency situations. The [OSU Alert portal](https://oregonstate.edu/alerts/osu-alert-portal) allows you to provide your current emergency contact information (phone, text, email). This information will only be used to notify you in the event of an emergency.